My Dreams
IN 60 DAYS

It takes 4 weeks for you to notice a change,
and 8 weeks for your friends and family.

60 DAYS From Now

GOAL

MY VISION

ACTION STEPS

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S M A R T

FIRST 20 DAYS' GUIDING PRINCIPLE

MOTIVATION:

SECOND 20 DAYS' GUIDING PRINCIPLE

MOTIVATION:

THIRD 20 DAYS' GUIDING PRINCIPLE

MOTIVATION: